USER MANUAL



UltiCare LT-99

Home Use Stimulating Therapy Device



Introduction

Dear valued customer,

Thank you for the confidence you have placed in us by purchasing the UltiCare LT-99 device. By making this decision you have joined thousands of satisfied customers who spread the idea of improving one's health in the comfort of one's home.

This guide is put together in such a way so as to provide you with answers to all important questions associated with the use of UltiCare LT-99. If you require any assistance, please do not hesitate to contact us at any time via the phone number or email address listed at the back of this manual.

Important note

To become eligible for the extended warranty for your device UltiCare LT-99, it is necessary to register the device within 30 (thirty) days of purchase. Registration will provide you with an extended warranty with the duration of 12 + 12 months.

Please go to the website: http://www.orin-us.com and click on "Register my device"

Thank you very much.

Yours sincerely,

ORIN US LLC.





Overview

The UltiCare LT-99 is range of devices which stimulate human body bby application of a pulsed magnetic field (PMF) to the affected body part.

A patented mechanism ensures that the field varies in a random way. It has been shown that the effectiveness of devices delivering this kind of stimulating therapy is higher than that of devices delivering repetitive frequency variation. This brochure aims to explain how PMF works and precisely how to use the UltiCare device for maximum benefit. The device is easy to use, as is demonstrated pictorially in this brochure.

Disclaimer

Products manufactured by Orin US LLC and its affiliates and marketed to the public for sale, including but not limited to the UltiCare LT-99, are designed as therapeutic devices to aid the natural process of the body in maintaining general health and wellness. UltiCare LT-99 device is registered and regulated by the Food and Drug Administration (FDA), registration number **3011422319**. However, our products have not been evaluated by the Food and Drug Administration (FDA) or other similar federal or state agency and should not be used for the intended purpose of diagnosing, treating, curing or preventing a disease or medical condition. ORIN US LLC, and its affiliates, is not an approved provider for Medicare, Medicaid, or any other insurance provider and is in no way responsible for insurance billing of any kind. The information provided as to the use and benefits associated with our products is not and should not be considered medical advice in any way whatsoever.

As the intended use of the BioTorus LT-100, and our other products, promotes increase of natural body function, resulting effect and reaction may differ by individual. IT IS STRONGLY RECOMMENDED TO CONSULT WITH YOUR PHYSICIAN OR CHOSEN HEALTH PROFESSIONAL BEFORE USING OUR PRODUCT. You assume full and complete responsibility for the proper use and operation of the product. Only use this product, or any of our products, after fully reading and understanding the product materials and user instruction manual describing safe use and operation of the device. Materials may be updated periodically without prior notice to the consumer and may be found at www. orin-us.com.

Other than as provided in the user manual for this product, ORIN US LLC, and its affiliates, offer no warranty or guarantee, including but not limited to any warranty of fitness for a particular purpose, or warranty of merchantability, either express, implied or limited, as to the effectiveness of this device or its use, or assumes any legal liability or responsibility for the accuracy, completeness, or usefulness of any information, apparatus, product, or process disclosed, or represents that its use would not infringe rights, public or private. As the consumer, and/or end user, of the device, you agree to indemnify and hold harmless the manufacturer and supplier of this device, or any of our devices, from any claim for damages as to the effectiveness of the device. Any claim shall be expressly limited to the value actually paid by the consumer for the device itself and shall not include any other damages of any kind whatsoever, including but not limited to special, compensatory or punitive damages.

Please refer to the user manual for the device you have purchased for any information regarding our policy regarding limited warranty and for additional contact information.



SAFETY PRECAUTIONS

! Prior to using this device, read a follow all of operating instructions in User Manual.

! Use this device only for its intended purpose as described in User Manual.

! Use this device only with the power supply provided by the manufacturer.

! Do not use this device if it has a damaged cord or plug, or if it is not working properly.

! No parts of this device should be exposed to direct sunlight, intense heat or humidity.

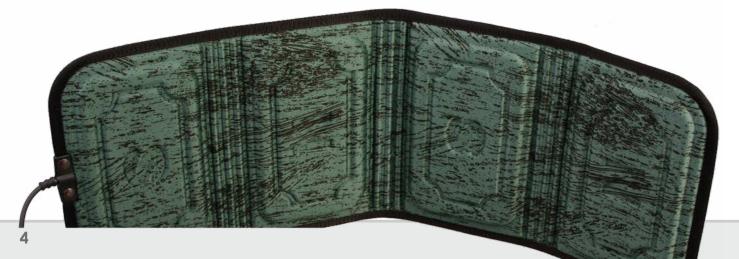
! Do not use this device in a wet environment or in a bathtub. Do not submerge the device in water.

! Children should only use this device under close adult supervision.

! Only qualified service personnel should service this device. In no case should the front panel or the applicator be opened.

! In case of device failure, please contact your seller first or orin@orin-us.com. This device contains electronic components that cannot be serviced or repaired by the consumer

Contents



How stimulating therapy works?

Stimulating therapy is a non-invasive holistic approach to wellness that fine-tunes the body at the cellular level, ultimately helping the body to heal and restore its natural balance.

Every organ in the body has its own bioelectromagnetic field, and every single cell in the body communicates via electromagnetic signals, or fields, at the overall rate of trilions of chemical reactions per second. In order to maintain balance and sustain good health, all of the body's organs, tissues and subsystems require extremely precise communications to process these instantaneous exchanges effectively. When these critical communication exchanges are disrupted, the body's tissues and organs are compromised and unhealthy symptoms follow.

During stimulating procedure, extremely low intensity Pulsed Magnetic Field (PMF) signals safely enable cells to maintain their natural signaling process by creating gentle electromagnetic field changes that may induce the body's self regulation and healing process. It is the body's natural self healing activities that deal with any difficulties or dysfunctions affecting cells, tissues and organs.

By inducing the body's own self regulating process, PMF therapy of BioTorus helps the body to address imbalances, offset the effects of modern day electromagnetic pollution and ultimately return to a natural state of wellness.

With UltiCare, based on advanced,, unique, high-precision PMF technology with NTS system, this cellular fine-tuning can be safely and easily accomplished on a regular basis



The benefits of the product

Reduces muscle tension

Improves circulation - better blood supply to the tissues

Has anti-inflammatory effects - reduce inflammation

Improves cell function

Improves the absorption of nutrients

Stimulates the immune system

Reduces stress

Balanced acupuncture meridians

Improves cell and tissue metabolism

Helps the body to detoxify

As a result of all these effects, it reduces the use of medicaments, speeds up the recovery process and reduces or eliminates symptoms in patients with chronic diseases

NTS (Never the same) modulation protected by European patent

In order to ensure maximum effectiveness (speed and action) of the stimulating therapy, ORIN PMF devices have been designed so that the generated magnetic pulse frequencies are never repeated in the same pattern. This patented technology is unique and is available only in ORIN PMFT devices. European Patent number EP1500410.



European technology

Pulsed magnetic field technology has been used in Europe since 1980. Approved as active non - invasive medical device Class IIa in Europe.

A natural patch to wellness

Non - invasive approach is designed to result in biological coherency and sufficient synchronization of ongoing metabolic processes, and is intended to restore natural balance and bring the body back to a natural state of wellness.

Flexible and easy to use

Thanks to its easy portability in a special bag, the unit is ready to help its owner on trips and journeys. Simple to operate in both the office and home.



Contraindications

The use of UltiCare LT-99 should be avoided during pregnancy, although no clinical studies have given evidence of any unwanted effects of this treatment. This is just a precautionary measure. In no case should the product be used by patients with any electronic implants (such as pacemakers or insulin pumps). The effects might be fatal.

Bleeding of any kind is also a condition in which stimulating therapy is not recommended because magnetic field slightly suppresses blood coagulation and promotes blood supply to the tissues, whereby bleeding is supported. Stimulating therapy is contraindicated in patients with bleeding into the digestive tract.

The use of the device should be stopped two days before, during, and two days after menstruation, although a pulsed magnetic field may help reduce menstrual pain if applied outside this time period.

Stimulating therapy is not recommended for patients with acute viral diseases, heavy fungous diseases, neurological seizures or severe atherosclerosis.

Do not use stimulating therapy in patients with adrenal hyperfunction, thyroid hyperfunction, active tuberculosis, venous thrombosis or embolism, hypothalamus or hypophysis disorders. All the above information is given as a precautionary measure.

Also as a precaution, avoid using the product to treat persons with existing or past malignant tumors, even if treated and supposedly eliminated.

Based on current knowledge, stimulating therapy does not have any side effects if the recommendations given here are followed.

In extremely sensitive individuals, use of the system can induce an appreciable temporary blood pressure drop. This response, however, usually vanishes after first five applications.

Product description

UltiCare LT-99

The applicators A1C and A4C act on the stimulated body parts through clothing, do not apply them to bare skin. If application to the clothing is impossible for any reason, put a piece of cloth on the site to be treated. The applicators B1C (torus) and APE (pen) are made of ABS copolymer which meets the requirements for contact with the patient's skin. No hazardous substances are contained in the product or used by the product during operation.

Program	Frequency pattern
P1	Variable between 3.3 Hz and 40.7 Hz
P2	Sharply variable between 1.3 Hz and 72.7 Hz
P3	Set to any value between 2 Hz and 72 Hz

Power is supplied to the unit via a plug-in power supply adapter, which uses 100V to 240V, 50/60 Hz line voltage. Thus, the unit can be used in any country in the world.



Components of the UltiCare LT-99

- 1. LT-99 generator
- 2. FW7555 plug-in adapter
- 3. Applicators (A4C)
- 4. Magnetic indicator
- 5. Storage bag

The Torus (B1C), Maxi A4C, and Mini A1C have the same dimensions as their equivalent parent items. Each of them can be connected to any of the parent items and directed to deliver one of the field patterns available on the parent item. Note that the parent and child do not have to be set to the same programme.





Technical data

Model: LT-99

Classification: ☐ - Class I, ↑ - Type BF applied part

Power supply: FW7555M/12 plug-in power supply adapter (100 - 240V~/12V=)

Generator input current in the idle state: Maximum 50 mA

Generator power demand: Maximum 25 VA

Output for external applicators: A1C, A4C and B1C

Magnetic induction on the surface of the applicator is from 2 to 8 mT depending on the type of applicator used

Pulse frequency: 1.3 Hz to 72.7 Hz (depending on the operating mode selected)

Admissible operating temperature range: 0°C to 40°C

Admissible storage temperature range: -20°C to 65°C

Operating modes (programs)

The unit can be operated in three different modes, determined by the program selected: P1, P2 or P3.



In the **P1** program mode the unit generates a pulsed magnetic field with a pulse frequency varying between **3.3** and **40.7** Hz. This mode is indicated by the symbol **W**(Wobbling-sWeeping) in the upper left segment of the display.



In the **P2** program mode the unit generates a pulsed magnetic field at a random pulse frequency within the range of **1.3** to **72.7** Hz. This mode is indicated by the symbol (R)(Random) in the upper left segment of the display.



In the **P3** program mode the unit generates a pulsed magnetic field at a single (preset) pulse frequency. The default frequency (preset by the manufacturer) is **12** Hz. This default frequency can vary from **2** Hz to **72** Hz during operation of the unit. This mode is indicated by the symbol \P (Single frequency) in the upper left segment of the display. The P3 mode offers the option to change the selected frequency by \pm **2.5** Hz. This can be achieved by simultaneous activation of the symbols \P and \P by a procedure which will be described later.

In each of the modes, **NTS** modulation is activated by default. This is indicated by the symbol (M) (Modulation) in the upper left segment of the display. **NTS** is a patented technology that eliminates the body's tendency to become accustomed to the pulsed magnetic field and thus to benefit from the effects of the device to a lesser and lesser extent. The **NTS** function is very important for stimulation of the immune system, where the pulsed magnetic field is to be applied for a long time. **NTS** modulation can be disabled and enabled by a procedure that will be described later.

The symbol in the upper right segment of the display indicates that each five-minute period of running the unit is signaled acoustically. A signal also announces the end of the application. This function can be disabled and enabled in each of the modes described.

The \$\int_{\text{symbol}}\$ symbol (musical note) in the upper right segment of the display indicates that a system sound is allowed.

The default setting (preset by the manufacturer) includes the full power of the unit and a 20-minute application period. The levels, though, can be modified in each of the programmes.

Unit's control panel

(full version)



Display layout



- w wobbling frequency
- (R) random frequency
- (S) single preset frequency
- M modulation NTS

How to set up and control the unit



The plug-in adapter may only be used in dry, indoor areas. Connect the power adapter to the LT-99 generator so that you plug the adapter lead connector into the socket on the upper side of the generator, then plug the adapter into the mains socket. If all the parts are connected correctly and the mains voltage is correct, the LCD display of the device switches on, indicating the initial idle state. Now connect the chosen applicator to the generator by plugging the connector into the generator's bottom socket. Correct connection between the applicator and generator is indicated by the **Ready/Running LED**, which switches on, and the symbol, which indicates that the applicator is connected, appears in the bottom left corner. The display shows **PROG** and the letter **P** followed by the programme number. If you want another programme, select it by pressing the double-button with the arrows either at \triangle or \checkmark . You start the selected programme by pressing the button \spadesuit briefly.





Step 1

Step 2

During the operation of the device, the time (TIME) remaining until the end of the application is shown on the display in minutes (min). The wave above the applicator symbol in the bottom left corner of the display and the yellow Ready/Running LED flashing indicate that the instrument is generating a pulsed magnetic field through the applicator. The presence of the magnetic field can be tested by using the magnetic indicator supplied with the unit by holding it vertically above the applicator surface. If you feel distinct vibrations, the device is working correctly. The end of application is indicated by three beeps (of course, if this function has not been switched off pressing any button briefly.

The default pulse repetition frequency in the P3 programme mode is 12 Hz. This frequency, however, can be changed smoothly by the user while the unit is running. To do so, briefly press the double push-button on the side of the symbol. The display will show the text FREQ and the current frequency in Hz. Now, either press this button briefly in a sequence or press and hold it in order to initiate a stepless frequency change. Release the button after attaining the desired frequency. In two seconds, the time remaining until the end of the application will be displayed again. Whenever you wish to suspend the application, press the button briefly. Use the same button to resume the application. The idle suspension state differs from the initial standby state (which is the state in which the unit occurs either on connecting the unit to power or after reaching the end of application) in that the P programme indication is completed with the word PAUSE in the bottom segment of the display and the green control on the unit control panel is flashing. The programme number can be changed in this idle state. However, be aware that this new programme will be set to the standard time of 20 minutes again (or to the time preset by you).

After the unit has been idle for more than 10 minutes, the LCD display illumination and the display itself will switch off automatically. Pressing any button will illuminate it again and the previous status will be displayed.

If you hear a triple acoustic signal when pressing the \(\bigcup \) double push-button, you are informed that no function can be set with that double push-button in the current condition or with the current setting of the unit.

The unit is equipped with an electronic memory owing to which the programme that was run last before switching off the unit will be automatically set on starting the unit again.

User-defined setup

The following parameters can be controlled in the three programme modes, **P1**, **P2** and **P3 /NTS** modulation enabled/disabled, sound enabled/disabled, and intensity and application time setting. Frequency sweep can also be enabled in the **P3** programme mode.



Select the programme **P3** in the standby state. Now, press and hold the $\textcircled{\bullet}$ button and briefly press the double push-button at \bigstar $\textcircled{\lor}$. In this manner, the programme setup mode is activated. The display will show the word **SETUP** and a flashing parameter which can be changed using the or button. As first parammeter $\textcircled{\textbf{W}}$ will be flashing.



In addition, a pulse frequency sweep of 5 Hz (\pm 2.5Hz from the frequency set) can be selected in the **P3** programme mode. Set the $\boxed{\mathbf{W}}$ parameter to $\mathbf{0}$ to disable the sweep.



Set the **W** parameter to **1** to enable the sweep.



The setup mode can be exited at any time by pressing and holding the \P button and subsequently pressing the double push-button at \blacktriangle briefly. The unit passes to idle mode with the setup accepted.

Adjustment of the other parameters

MODULATION

- 1. Select the programme P1, P2 or P3 in the standby state. Now, press and hold the ♠ button and briefly press the double push-button at ▲ . In this manner, the programme setup mode is activated. The display will show the word SETUP and a flashing parameter which can be changed using the ▲ or ▼ button.
- 2. Press the **4** button briefly to pass to **M** parameter.
- 3. For instance, if the M symbol is flashing, this parameter can be set to 0 (modulation disabled) or 1 (modulation enabled) using the ▲ or ▼ button.
- 4. The setup mode can be exited at any time by pressing and holding the **b** button and subsequently pressing the double push-button at **b** briefly. The unit passes to idle mode with the setup accepted.

SOUND

- 1. Select the programme P1, P2 or P3 in the standby state. Now, press ♣ and hold the button and briefly press the double push-button at ▲. In this manner, the programme setup mode is activated. The display will show the word SETUP and a flashing parameter which can be changed using the ▲ or ▼ button.
- 2. Press the **4** button briefly to pass to **4** parameter.
- 3. For instance, if the \clubsuit symbol is flashing, this parameter can be set to **0** sound disabled) or **1** (sound enabled) using the \blacktriangle or \blacktriangledown button.
- 4. The setup mode can be exited at any time by pressing and holding the button and subsequently pressing the double push-button at briefly. The unit passes to idle mode with the setup accepted.

INTENSITY

- 1. Select the programme P1, P2 or P3 in the standby state. Now, press and hold the button and briefly press the double push-button at . In this manner, the programme setup mode is activated. The display will show the word SETUP and a flashing parameter which can be changed using the ↑ or button.
- 2. Press the **button** briefly to pass to **INTEN.** parameter.
- 3. The intensity of the magnetic field can be adjusted to 20%, 40%, 60%, 80% or 100% by setting the INTEN. parameter to 0.2, 0.4, 0.6, 0.8 or 1.0. The intensity set is indicated by the number of curves (1 to 5) displayed in the bottom left corner of the display. Use the ▲ or ▼ button.
- 4. The setup mode can be exited at any time by pressing and holding the **b** button and subsequently pressing the double push-button at **b** briefly. The unit passes to idle mode with the setup accepted.

TIME

- 1. Select the programme P1, P2 or P3 in the standby state. Now, press and hold the ◆ button and briefly press the double push-button at ▲. In this manner, the programme setup mode is activated. The display will show the word SETUP and a flashing parameter which can be changed using the ▲ or ▼ button.
- 2. Press the **a** button briefly to pass to **TIME** parameter.

- 3. Set the **TIME** parameter (in minutes) to select the time of application (exposure) within the range of **5 to 60** minutes at 5-minute measures. Use the ▲ or ▼ button.
- 4. The setup mode can be exited at any time by pressing and holding the button and subsequently pressing the double push-button at briefly. The unit passes to idle mode with the setup accepted.

The unit can be switched to the single-programme mode where the functions of the \bigwedge double push-button are disabled and only the button serves to control the unit. First select the desired programme and then press and hold the button until an acoustic signal is heard (about 10 seconds) and the symbol (crossed arrow) appears above the programme number in the upper part of the display. This symbol indicates that only the selected programme can be run. To switch back, return to the idle state, and hold the button down until the symbol disappears. To disable any sound (including pressing the button), bring up the symbol (crossed-out musical note) in the upper right corner of the display. To achieve this (in the idle state of the unit), press and hold the button and then briefly press the double push-button at . Apply the same procedure to enable the sound again.

The complete setup of the unit remains stored in the system memory even after unplugging the unit/adapter. Thus, the setup procedure need not be repeated after switching the unit on again.

The unit should be delivered to the user in the default setup state defined by the manufacturer. To reset the unit to the default setup, unplug the unit, press and hold \bigwedge and subsequently connect the unit to power via the adapter. After releasing the \bigwedge button the system will be in the default state.



Error signals and messages

If the green control light on the universal power supply adapter stops shining, the unit is overloaded. In this case, unplug the adapter immediately.

The **AF** (Applicator Fault) message on the display in combination with the word **FAILURE** indicates a short circuit in the internal or external applicator. If this message persists after disconnecting the external applicator, the short circuit is in the internal coil of the system.

OF (Output Fault) is a message that can appear if a fault occurs in the generator electronics output or if the unit is exposed to extremely intense external interferences. In this case, unplug the unit immediately.

Product properties and handling

No hazardous substances are contained in the product or used by the product during operation.

When the service life has expired or the product is no longer usable, it should be handled as electric waste, i.e. either returned to the manufacturer / dealer for disposal free of charge or collected as special waste in compliance with applicable legislation.



WARNINGS

! Unplug the unit by disconnecting the adapter plug from the wall socket, not by disconnecting the power supply connector from the unit's panel.

! The wall socket to which the power supply adapter is connected should be accessible at all times to enable the unit to be unplugged at any moment.

! Do not connect an applicator to the unit or disconnect it from the unit while the unit is running. Connect/disconnect an external applicator before starting the unit or while operation is suspended (PAUSE). Otherwise, the output circuits of the system could be damaged.

! The product meets the requirements for electromagnetic compatibility. Nevertheless, it can cause radio interference or affect the operation of electronic instruments in its vicinity. This can be mitigated by suitable separation of the instruments or by shielding them.

! Remember that the system forms a magnetic field of one polarity and very low frequency, which can (similarly to a permanent magnet) affect some instruments and facilities located in the immediate vicinity (such as computer monitors and TV screens, classical watches, bank cards with magnetic strips etc.).

! Put the system out of operation only by unplugging the power supply adapter from the wall socket



Maintenance and repair

The system does not require any special maintenance (such as aligning, calibration, battery replacement etc.). You can make a tentative performance test by using the magnetic indicator supplied with the product.

Clean the plastic applicator B1C with a cloth wet in water and detergent. Use vacuum cleaning or brushing to clean the A1C or A4C applicators. The unit components must not be submerged in water for cleaning.

Make sure that the adapter cable with the plug is well connected to the adapter body. Also, be careful not to damage the power supply adapter (e.g. by dropping it on the floor). If the adapter has suffered mechanical damage, do not use it. Instead, obtain a new adapter of the same type from your dealer.

Report any product failure to your dealer's servicing department.

Use of the devices for specific conditions

This section sets out recommended frequencies for various conditions which are based upon the research which has been done to Europe. We suggest that a single session may last between 20 and 45 minutes.

Recomended usage: Maximum one hour per day



PROGRAM LIST

STIMULATING OF BACK

Acute lumbar pains (lumbago)	P1 or P3/27Hz/W, 2 x 20 min. per day.	See the picture 1
Chronic back pain	P1, 3 x 20 min. per day	See the picture 2
Back pain related to stress	P1, 3 x 20 min. per day	See the picture 3
Ankylosing spondylitis	P1, 2 x 20 min. per day	See the picture 1







STIMULATING OF JOINTS

Joints aches and injuries	P1 or P3/12Hz/W, 2x20 min. per day	See the picture 1
A help with weather - related rheumatic pain	P1 or P3/15Hz/W, 3x20 min. per day	See the picture 1
Reduce mobility of small hand joints	P1, 2 x 20 min. per day	See the picture 2
Stimulating of swelling of large joints	P1 or P3/22Hz/W, 1 x 20 min. per day	See the picture 3







STIMULATING OF BONES

Fresh fractures and other bone related illnesses	P1 or P3/20Hz/W, 4 x 20 min. per day	See the picture 1
Calcification improvement	P3/71Hz/W, 2 x 20 min. per day	See the pictures
Sport and occupational injuries where bone structures and joints are involved		See the picture 2







STIMULATING OF HEAD

Ear inflammation in adults and children suitable only as an additional method	P3/10Hz/W	See the picture 1
Sinusitis	P3/25Hz, 2 x 20 min. per day	See the picture 2





STIMULATING OF NECK

Morning neck stiffness	P1, 1 x 20 min. per day	See the picture 1
Morning neck and shoulders stiffness	P1, 1 x 20 min. per day	See the picture 2
Improves performance of the vascular system of the neck muscles and the head	P1, 1 x 20 min. per day	See the picture 1







STIMULATING THE IMMUNE SYSTEM

Helps increase the body's immune strength and natural resistance to infections		See the picture
As prevention during epidemic periods	P2, 2 x 20 min. per day, 14 days	See the picture
Stimulating of immune system	P2, 2 x 20 min. per day, 14 days	See the picture
Effective for all ages	P2, 2 x 20 min. per day, 14 days	See the picture



STIMULATING AFTER SPORT

Can be used after workouts and daily physical activities	P1, immediately after training or competition	See the pictures
Supports recovery and regeneration processes after physical exhaustion	P1, immediately after training or competition	See the pictures
Aids in the recovery of muscle tissue after intense training or competition		See the pictures





STIMULATING OF MUSCLES AND TISSUES

Aids in repair of damaged muscle tissue	P1, 2 x 20 min per day	See the picture 1
Aids for painful muscles	P1, 2 x 20 min per day	See the picture 1
Crural ulcers	P1 or P3/18Hz/W, 2 x 20 min. per day	See the picture 2





HEELS

Stimulating of heels	P1 or P3/29Hz/W, 2 x 20 min per day	See the picture



NERVES

Stimulating of pain syndromes (carpal tunnel)	P1 or P3/17Hz/W, 2 x 20 min per day	See the picture 1
Pain of facial nerve	P1, 3 x 20 min. per day	See the picture 2





URINARY

Stimulating of prostate	P1 or P3/25Hz/W, 1 x 20 min per day	See the picture
Enuresis nocturna	P3/25Hz/W, 1 x 20 min per day	See the picture



CIRCULATION

Circulatory disturbances	P1 or P3/17Hz/W, 2 x 20 min per day	See the pictures
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YIN

Discomfort during menstruation	P1, 2x20 min per day	See the picture
Regulation of menstrual cycles	P1, 2x20 min per day	See the picture
Pains following ruptures of ovarial cysts	P1 or P3/15Hz/W, 2x20 min per day	See the picture



WARNING: UltiCare can not be used 3 days ahead of the menstruation and 3 days after it

YANG

Poor libido	P1 or P3/27Hz/W, 2 x 20 min per day	See the picture



Notes

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